



THE STEP BY STEP CHECKLIST GUIDE OF YOUR STUDY ABROAD PROGRAM



ARE YOU EXCITED!

Studying and living abroad – how thrilling! You're signing up for one of the most interesting adventures of your life. That's for sure.

Studying abroad is an amazing experience, but getting ready for the big trip can be hectic and overwhelming. Don't panic if you don't know what you need to do before studying abroad.

Making sure items on your study abroad to-do list don't pile up ensures a smooth transition from here to there.

To ensure you don't forget anything and you have a smooth transition to your new host country, take a look at our study abroad checklist to help you plan for study abroad and keep yourself on track for your departure.



What are you waiting for, apply now!

STUDY ABROAD CHECKLIST

Get Your Passports, Visas & Residence Permits

1

Complete All Your Medical Requirements & Checkups From Your Doctor

2

Research & Inform Your Coordinator About Your Dietary Restrictions

3

Create Emergency Contacts & Plans, Align Up All Contact Details

4

Check Your Host Country's Custom Regulations

5

Purchase Your Airfare

6

Be Financially Prepared, Prepare Your Budgets & Bill Payments Abroad

7

Planning Timeline

6-9 Months Before:

Talk to teachers, family, and friends about your plans.

Speak to your academic adviser about credit transfer requirements for overseas coursework. Once you know which program you are interested in, consider the costs and the listed application requirements.

Don't be shy to ask for contact information of former study abroad students. They'll give you invaluable advice.

4-6 Months Before:

Apply for your passport and visa(s), if needed.

Check with your program coordinator if you need an International Student Identity Card (ISIC)

Familiarize yourself with your host country's language and culture. Soak up on culture books and guides, films, music, food, websites, and anything else related to your soon-to-be host country.

3 Months Before:

Apply for a travel credit card that can be used the world over (such as American Express, Visa, or MasterCard).

Sign up for a comprehensive physical test with your doctor; get vaccinations and immunizations, if needed.

Book your flight after some research.

Planning Timeline

1 Month Before:

Stock up on vitamins and prepare your first aid kit, cold tablets, head ache tablets, and any other things you use at home so you have it at your finger tips

Buy medical insurance for your time abroad, if needed.

Purchase travel insurance to cover replacement costs of lost or stolen items.

Schedule a meeting with your program coordinator to address final concerns about your plans and coursework.

1 Week Before:

Bring a gift for your host family.

Make multiple copies of all important documents - leave one set with your parents and keep one for yourself.

Make sure you have everyone's phone numbers and addresses – email and otherwise. That means everyone you might need to contact here and there.

Get exchange currency for local cash. Ask for small notes in addition to larger ones.

Start packing. That is, put everything together and cross check with the list attached below.

The Night Before:

Confirm your flight. Pack your carry-on bag.

Include the standard: passport, airline ticket confirmation, align up all the contacts, wallet with local currency, cash and credit card(s) in the bag.

STANDARD ITEM(S) CHECKLIST

Passport	
Flight Tickets	
First Aid Kit	<i>So you have everything you know that works for you</i>
Student ID	<i>For discounted admissions</i>
Cash, Credit Card & ATM Card	<i>Notify bank/credit card company, you are going abroad</i>
Laptop	<i>Buy a converter for power supply</i>
Cell Phone + Charger	<i>Unlock your mobile phone with a compulsory Local SIM</i>
Camera	<i>Memory cards, chargers and adapters</i>
Headphones	<i>Good pair that cancels out the sound</i>
Backpack	
Daypack	<i>For Day Excursions</i>
SunGlasses	<i>Bring an extra pair</i>
Pens,Pencils & Notebooks	
Dictionary	<i>For language you are studying</i>
Flash Drive	
Ipad/Computer	<i>For School Needs</i>
Hydro towel	<i>Compact towel, good for traveling</i>
Calculator	
Folding umbrella	
Books/ E- Readers	<i>For reading purpose</i>
Journal	<i>To document your study abroad experience</i>
Watch	
Portable Power Bank	<i>As power backup</i>
Gift Item	<i>Buy some gifts for your host family as good gesture</i>

CLOTHES & TOILETRIES CHECKLIST

Jeans	<i>A few pairs</i>
Hoodie/Sweaters	
Pajamas	
Socks/underwear	<i>Enough to get you through the program</i>
Swimsuit	
Workout clothes	
Light jacket	<i>Water resistant is preferable</i>
Nice outfits	<i>Few pairs to mix and match</i>
Accessories	<i>A few accessories always help.</i>
Scarves	
Flip flop	<i>One pair is enough.</i>
Walking shoes	<i>Find a comfy fashionable shoe</i>
Running shoes	<i>To enjoy running outdoors</i>
Dictionary	
Purse	
Money belt	
Hair brush/comb	
Toothbrush + Toothpaste + Floss	
Feminine Products	
Razors + Shaving Cream	
Shampoo + Conditioner	
Contact lenses solution	
Cosmetics + Lotion	
Hand Sanitizer + Deodorant	

ENJOY THE JOURNEY.

What are you waiting for ? [Apply now!](#)

[Schedule a meeting with us to have your questions answered](#)

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